

## WHAT IS YOUR REAL AGE?

### WHAT YOUR SCORE MEANS

#### 10–27

You're probably a person with a strong feeling of helplessness and with a strong need for emotional support at difficult times. You tend to depend on approval from others and you're always anxious to make a good impression. The childish side of your personality may make you unrealistic but it could be that you have a greater capacity to enjoy things than 'more mature' people.

#### 28–43

You're still an adolescent at heart. There's a conflict between the need you have to be independent and the need for support and protection. You find it difficult to make up your mind whether you want responsibility or not. You're inclined to be unrealistic when assessing situations, changing suddenly from one extreme to another.

#### 44–50

You're clearly an adult at heart with a mature and realistic approach to life. You hate pointless arguments and reject idealism. Instead of attempting to take on too much responsibility, learn how to relax and enjoy life.

**Some words and expressions used in the Quiz. Look up the ones you don't know**

Hurt  
Made a fuss of  
Reciprocate  
Put out  
Self-conscious  
Thoughtless  
Upset you  
Tend to  
Anxious to make a good impression  
Pointless arguments

